



Air Quality Matters: Understanding the Laws That Keep Our **Skies Clear** 

#### Why Air Quality Matters

- Air pollution affects breathing, heart health, and overall wellbeing.
- High-risk groups include children, the elderly, and outdoor workers.
- Common pollutants: PM10, PM2.5, NO2, SO2, CO.

#### What the Law Says **Environmental Quality Act 1974 (EQA)**

- Sets legal limits for major air pollutants.
- Regulates industrial emissions, vehicle pollution, and open burning.
- Allows authorities to take action and issue penalties when limits are exceeded.

#### How Monitoring Protects Us

- Continuous monitoring helps detect pollution spikes early.
- Real-time readings allow authorities to issue health alerts and take preventive measures.
- Data helps the public make safer daily decisions, especially during haze or high-pollution periods.

#### Technology That Helps: **Kunak Air Monitoring Device**

The Kunak Air Monitoring Device (Pro & Lite) provides high-accuracy, real-time data on pollutants.

supports compliance efforts under the EQA. Enables communities and agencies to stay informed, protected, and proactive.



Editor: Maria Sarman, Nina Ahyar, Daniel Ahyar, AELS

# 2026 OFFERS

Ol Jan – 30 Jun 2026 Terms and conditions applied

#### Lifetime Offer for 2026

Register CePSWaM Courses for any dates in 2026 Calendar with Airwastewater Management Sdn Bhd and be assured, we will train you until you PASS BOTH CePSWaM WRITTEN AND PRACTICAL EXAMINATIONS conducted by EiMAS.

#### **CePSWaM Course**

- CePSWaM PLASMA, S2 20% Off
- CePSWaM Other Venue 10% Off

## CePSWaM-FTR Workshop

- CePSWaM-TRPW PLASMA, S2 40% Off
- CepsWaM-TRPW West Malaysia 30% Off
- CePSWaM-TRPW East Malaysia 30% Off
- CePSWaM-TRPW Non-AWWAM 15% Off

#### **SWM Course - Combo**

Offer to participants from the same company who register SWM for the same course date.

- Classroom 1 Pax: RM432.00/person; 2 Pax+: RM378.00/person (inclusive 8% SST)
- Zoom Meeting 1 Pax: RM216.00/person; 2 Pax+: RM189.00/person (inclusive 8% SST)

#### OSH-C - Best Value

Offer to participants or company who register OSH-C with AWWAM public date at RM1,026.00/person inclusive 8% SST. Normal Price: RM1,134.00/person (inclusive SST 8%)

## CePSWaM + OSH-C - Buy 1 Free 1

Offer to participants or companies who register for the CePSWaM courses conducted at PLASMA, Seremban 2 at the full course fee of RM4,050.00/person inclusive of 8% SST and get the OSH-C course at PLASMA, Seremban 2 FREE OF CHARGE (FOC).

# **COURSES**

#### CePSWaM Courses

(The pioneer CePSWaM Training Provider for EiMAS, since March 2009)



In November 2025, four (4) sessions were conducted at Shah Alam and Johor Bahru. Two (2) In-House sessions were conducted at Klang and Batu Gajah.









10 - 14 November 2025 Trove Hotel, JB (Session 1)

10 - 14 November 2025 Trove Hotel, JB (Session 2)





For December 2025, two (2) sessions were conducted at Seremban.





08 - 12 December 2025 PLASMA, Seremban 2 (Session 1)



PLASMA, Seremban 2 (Session 2)

## CePSWaM-FTR Technical Report **Preparation Workshop (TRPW)**



For November 2025, one (1) session was held at Johor Bahru and one (1) session was conducted via Zoom Meeting.





13 - 14 November 2025 Trove Hotel, JB

14 November 2025 Zoom Meeting

For December 2025, one (1) session was held at Seremban and one (1) session was conducted via Zoom Meeting.







11 - 12 December 2025 PLASMA, Seremban 2

19 December 2025 **Zoom Meeting** 

#### Workshop on The Preparation of Scheduled Wastes Information (waste card)



For December 2025, one (1) session was held at Seremban and one (1) session was conducted via Zoom Meeting.

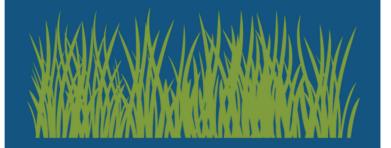




27 - 28 December 2025 PLASMA & AELS, Seremban



10 December 2025 **Zoom Meeting** 



# Occupational Safety & Health Coordinator Trained Person (OSH-C)

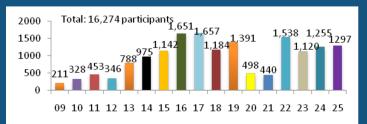
On 10 - 12 December 2025, one (1) session was conducted at Hotel Seri Malaysia, Kepala Batas.





# **STATISTICS**

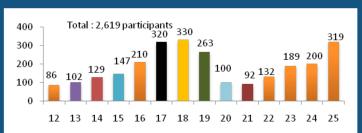
Total number of participants attending CePSWaM Courses from 2009 - 2025



#### Number of participants attending CePSWaM Courses for Jan - Dec 2025



#### Number of participants attending CePSWaM-FTR Workshops (TRPW) from 2012 - 2025

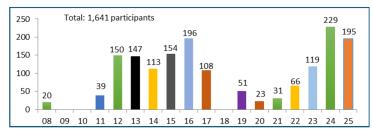


#### Number of participants attending CePSWaM-FTR Workshops (TRPW) for Jan - Dec 2025

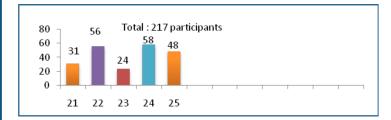


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Number of participants attending The Management and Handling of SW Course (SWM) from 2008 - 2025



Number of participants attending Waste Card Preparation Workshop (WPSWI) from 2021 - 2025



# **ACTIVITIES**

## **IKM Laboratory Excellence Award**

On 6 December 2025, AWWAM Environmental Laboratory Services (AELS) and Airwastewater Management Sdn Bhd (AWWAM) were awarded the IKM Excellence Award Certification, a recognition that reflects the collective hard work, discipline and dedication shown in upholding high standards and compliance.







### AWWAM Family Day

On 26 - 28 December 2025, AWWAM brought employees and their families together at Mutiara Resort Taman Negara, Kuala Tahan, Pahang for Family Day & Annual Dinner. United by the theme "Exploring Nature Together," it was a meaningful getaway filled with connection, unforgettable memories.













**AWWAM Subsidiaries** 



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# **SAFETY MOMENT**



# FIRST AIDER AWARENESS

#### WHO ARE YOUR FIRST AIDERS?

- Trained & certified to provide immediate care
- Located across key areas of the workplace
- Know them before an emergency happens

#### WHEN SHOULD YOU CALL A FIRST AIDER?

- Fainting or dizziness
- Cuts, burns, or bleeding
- Suspected fractures
- Chest pain or breathing difficulty
- Chemical exposure
- When in doubt call!

#### WHAT A FIRST AIDER CAN DO

- Assess the scene for safety
- Provide basic first aid
- Perform CPR if needed
- Use an AED
- Stabilize until medical help arrives

#### WHAT THEY CANNOT DO

- Diagnose illnesses
- Give medication
- Replace professional medical treatment

#### **REMEMBER:**

- Fast reporting saves lives.
- Know your First Aiders.
- Know how to reach them.

#### **KNOW YOUR FIRST AIDER**















Cik Hazirah

En Hafizuddin